Managing our waste safely

You can catch the coronavirus through the air and after touching contaminated objects.

**How long can coronavirus live?**

Coronavirus can stay alive on droplets in the air for several hours, and on hard surfaces for days.

**Reduce your waste as much as possible. Start composting food waste at home.**

**If you take your waste to a dumpsite**

Use two waste containers in rotation. When one is full, keep all waste at home for **three days** before taking it to the dumpsite. During this time, collect waste in the second container.

Stay 2 metres (6 feet) from other people on your way to (and at) the dumpsite, and do not touch any other objects at the dumpsite.

Do not allow children to play on the dumpsite.

Wash your hands with soap after touching objects that someone else has handled. Do not touch your eyes, nose or mouth.

**If your waste is collected by someone else**

Use two waste containers in rotation. When one is full, keep all waste at home for **three days** before presenting it for collection. During this time, collect waste in the second container.

Wash your hands with soap after handling your waste containers. Do not touch your eyes, nose or mouth.

**Advice for waste collectors**

Instruct citizens to keep all waste at home for **three days** before presenting it for collection.

Wear **gloves** or plastic bags on your hands for handling waste.

Wear **long sleeves** and long pants to keep your skin covered.

**Wash your hands** with soap after handling waste and waste containers. Do not touch your face.

**Stay home** if you are sick. Phone a medic if you experience COVID-19 symptoms and follow medical advice.

Source of longevity data: [https://www.sciencedaily.com/releases/2020/03/200320192755.htm](https://www.sciencedaily.com/releases/2020/03/200320192755.htm)